CRITTENDEN COUNTY 2015-16 School Calendar

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Dates of Importance

Aug. 5-6: Professional Development Day. Aug. 7: Teacher Planning. No Students Aug. 10: Opening Day. Faculty and Staff Only. Aug. 11: First Day for Students. Sept. 7: Holiday. Labor Day. Oct. 12-16: Fall Break. Oct. 19: Teacher Planning. No Students.

Nov. 3: General Election Day. No School. Nov. 3: Teacher Planning. No Students. Nov. 25-27: Thanksgiving Break. Dec. 21-Jan. 1: Christmas Break. Jan. 4: Teacher Planning. No Students. Jan. 18: No School - Martin Luther King Jr. Day. April 4-8: Spring Break.

April 11: Teacher Planning. No Students. April 26-May 13: State Assessment Window. Each school will set its own testing dates.

May 13: Last Day for Students. May 16: Closing Day. Faculty and Staff Only. May 17: Primary Election Day, No School. May 18-19: Professional Development.

Total Calendar Days

170	Student Days	
4	PD Days	
4	Holidays	
5	TP Days	
1	Opening	
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185.....Calendar Days

Color Key Professional Day - PD/TP/O/C

Non-school Day State Assessment Window Make-up Days

Day 1: Dec. 21 Day 2: Dec. 22 Day 3: Jan. 4 Day 4: April 4.

Additional days will be added to end

Code Key

- ...Opening Day for teachers ...Closing Day for teachers
- PDProfessional DevelopmentHoliday
- TP.....Teacher Planning

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JUNE 2016

Back-to-school events for all students Aug. 6

The start of school in Crittenden County is less than two weeks away, and the school district will prepare students and parents with annual back-to-school func-

For elementary students, Sneak-A-Peek will be held Aug. 6 at the school. Students whose last name starts with the letters A-M will meet with school staff

from 5 to 6 p.m. Remaining students are invited from 6:30 to 7:30 p.m.

For middle and high school students, the Back to School Bash will be held the same day from 4:30 to 6 Middle-schoolers should report to the school's gym, while high school students should report to the multi-purpose room.

Students head back to the classroom Aug. 11.

TUESDAY

Budget Buster

Back-to-school can be expensive for families, but local school district offering free supplies to all its students

FROM STAFF AND WIRE REPORTS

Back to school season can be as expensive for parents as it is exciting for students, but that impact on family budgets is being lessened a bit this

Once the initial letdown of the end of summer vacation wears off, many kids are excited to return to school, where they can see their friends, study their favorite subjects and participate in extracurricular activities. Parof school-aged youngsters may share in that excitement while also knowing that back to school season can stretch their budgets.

Back-to-school shopping in the United States can be a budget buster. It is second only to Christmas in retail spending.

To help the families of children enrolled locally, Crittenden County School District is stepping in to help by providing every student with at least one required classroom item.

High schoolers will receive pens, pencils and a multisubject notebook. At the middle school, students will be supplied with pencils and two packages of loose leaf paper.

through fifth-graders at the elementary school will receive items from crayons and pencils to the paper they write on based on their respective grade. The school supplies will

be distributed to students on the first day of classes, Aug. 11. (For a list of the items for specific grade levels, see our school supply lists on Page "This should take some of the burden off

parents," said Holly White, community educator, public relations officer and Family Resource and Youth Services Centers (FRYSC) coordinator for the

school district. This is the first year students are being offered free supplies. White said funding comes from community partners, a FRYSC grant and the

school district. Even if parents are finished with back-to-school shopping, White said the supplies offered through the school district will reduce overall

spending. "If parents have bought al-

Meantime, kindergarteners ready, this will keep them from having to buy again," she

> White said the district was unable to project how much in donations it would receive and, therefore, was unable to tell parents just ex-

actly what students would be getting before last week. "Next year, we plan

to let parents know by June," she said. "That would be my goal moving forward."

According to the National Retail Federation's (NRF) Back-to-

School Spending Survey conducted by Prosper Insights & Analytics, the average family with children in grades K-12 plans to spend \$630.36 on electronics, apparel and other school needs. While that is down from 5.8 percent from last year, total spending in the country is expected to reach \$24.9 billion. Families on average are spending 42 percent more on school items than 10 years ago. Total spending for K-12 and college is expected to reach \$68 billion.

See **SUPPLIES**/Page 8B

Board makes changes to 2016 spring break

Spring break in Crittenden County will be a week later this academic year and could be sacrificed if Old Man Winter hits the county hard like he has the last two winters. This spring, the Crittenden

County Board of Education pushed the break back a week to prevent missed instructional days for students taking vocational classes. Because the school district had been taking its spring break one week earlier than other schools in the region, students taking vocational classes were missing two weeks of instruction from the schools. In the event of an active

school are missed, it was suggested taking the first three days of spring break to make up the missed instructional

At the board of education's April working session, Superintendent Vince Clark said he would recommend utilizing the first three days of spring break as possible snow makeup days. He said the purpose for this would be to end the school year before the beginning of June.

Spring break is scheduled for April 4-8, 2016.

Also in April, the board ap-

See BREAK/Page 8B

School lunch costs up dime (again) to \$2.30

By JASON TRAVIS STAFF WRITER

Students will be paying a little more for lunch when they return to school Aug. 11. For the second consecutive year, the price for a student lunch has increased a dime, leaving families with a \$425.50 tab for the entire 185-day academic year.

Food Service Director Emily Lowery said the bump to \$2.30 per lunch was not initiated by the school district. Instead, it was mandated by the government and determined by participation and prices from the previous school year. The cost of a school break-

fast remains at \$1.20. The cost of breakfast for the year is \$222 Lowery encourages par-

ents who think their child



FILE PHOTO

The cost of school lunches in Crittenden County is up 10 cents for the second consecutive year.

may qualify for free or reduced meals to fill out an application. She said free or reduced-meal applications

can be obtained any time throughout the school year in each cafeteria in the school district. Applications for free

or reduced-meals will be provided in each student's back to school packet. Lowery

said she processes all applications as quickly as possible so that parents and students receive the benefits those free or reduced



meals as soon as possible. The reduced cost of a student breakfast and lunch is 90 cents and \$1.90, respectively.

According to the school district's meal charge policy, charges are permitted in situations where the student does not have the money to

See LUNCH/Page 8B

OPINION

Vaccinations not only good idea for young students, they are required

All Kentucky children should be vaccinated before the new school year.

Not only is it a good idea to help protect kids from illness, it also is state law.

For years, controversy swirled nationally around vaccinations, with some parents thinking the injections were the cause of such things as autism.

But views have apparently shifted after a virulent outbreak of measles earlier this year that resulted from an infected traveler to Disneyland, who impacted mostly unvaccinated people.

So far this year, nearly 200 people have contracted measles. In 2014, there were more than 600 cases, a sharp increase from less than 200 the year before, according to the Centers for Disease Control and Preven-

A University of Michigan poll released this month shows 34 percent of parents think vaccines have more benefit than they did one year ago; 25 percent of parents believe vaccines are safer than they were a year ago; and 35 percent of parents report more support for

day care and school vaccine requirements than a year

So with schools about to start in less than a month, we encourage parents in Crittenden County to get their kids vaccinated.

Before kindergarten, kids need immunizations, a school physical, a vision exam and a dental exam. Children entering kindergarten receive the DtaP for diphtheria, tetanus and pertussis; a measles-mumpsruebella vaccine; and a chicken pox vaccine. Children entering sixth grade receive a Tdap booster vaccine for tetanus, diphtheria and pertussis; a meningitis vaccine and a second chicken pox vaccine.

It also is a good idea to have children's height and weight checked and for them to have a physical

There are several places in the area parents can take kids to have them vaccinated and where they can get physicals.

Parents can get their kids vaccinated at their pediatrician or family physician or they can take kids to Crittenden County Health Department on Industrial Drive in Marion. Officials urge parents to bring their kids in well before school starts and not wait until the last minute to get kids vac-

That is sound advice, whether they are going to the health department or to their family doctor.

Obviously, this isn't something kids look forward to doing. Who can blame them?

But it's something that must be done for them to begin school.

All parents want their kids to be healthy, and while that will not always be the case, getting children vaccinated before the school year is a step in adding extra insurance that their children won't get sick nearly as often. The beginning of school

will be here before you know it, so please take your kids and get the necessary vaccinations they need for their own well being and for the well being of their classmates.

– The Daily News Bowling Green, Ky.

2B

- Velcome back -

School district committed to improvement

By VINCE CLARK

SUPERINTENDENT OF SCHOOLS It is with great expectations that we welcome back students and staff for the 2015-16 school year. Students will return Aug. 11, and all staff will report next Wednesday for a district professional development day. On Aug. 10, staff will gather for the district opening day in the middle and high school's multi-purpose room. Sneak-A-Peek at the elementary school and Back to School Bash at the middle and high school will be held Aug. 6.

It is our mission to engage and empower each

student with thoughtful educators and services. We have outstanding educators

and support staff that care about the success of every child. At the district level, we will continue to build on relationships and teamwork, improving student academic performance, and maintaining a safe place to learn while maximizing resource efficiency.

Our school district has made good progress with increasing our graduation rate, decreasing our

student performance. There remains room for improve-

> student attendance and novice reduction. Last year, our students had 2,465 unexcused absences for the school year. We will be implementing plans to improve our attendance this school year.

ment in the areas of

I am proud of the improved college- and career-readiness numbers and dual-credit options at the high school. The middle school is implementing "The Leader in Me" pro-

Clark

gram, which teaches 21st century leadership and life skills to students. The elementary school completed a data retreat and will use that information to adjust teacher practices. All three schools will be implementing professional learning teams where teacher teams will evaluate standards learned so interventions can be determined for struggling students.

Our district is committed to creating a positive, safe place to learn that generates positive energy. Our board of education has sponsored two very important safety trainings for our local law enforcement agencies and staff. Our board ensures expenditures support student learning in a safe, efficient environment.

It's an exciting time to be part of the Crittenden County School District. I encourage parents to follow the news at #therocketway on Twitter, my superintendent's blog on our district website and through each school's newsletter.

The financial and volunteer hours that our community and business partners provide our district are critical to our success. Thank you to those who give their time and

money so generously to support our students and staff.

During a time when our school district is challenged to improve kindergarten readiness on one end and college- and career-readiness on the other, I want our community to feel confident in our efforts in providing a solid Rocket Education to all our students

(Editor's Note: Vince Clark is superintendent of Crittenden County School District. He is starting his second academic year at the helm of the school sys-

CCHS offers students new opportunities, adjusts some policies

By CURTIS BROWN CCHS PRINCIPAL

It's almost time to come back to school! I hope you are excited

I and the Crittenden County High School (CCHS) faculty and staff look forward to welcoming students back on Aug. 11, the

first day of school this year.

I would like to introduce new staff and pass on to you important information about the 2015-16 school year.

We have two new math teachers this year - Cara Merrick, who is transferring from the middle school, and Torey Baker, a CCHS graduate and recent Lindsey Wilson College graduate. We have a new school secretary, Misty Hicks, and we also will have Susan Baker beginning the year as our family and consumer science

Other information you

will want to know:

- Our Back to School Bash will be in the multipurpose room on Aug. 6, from 4:30 to 6 p.m. We will be distributing student schedules and agendas, Infinite Campus Portal access codes will be available that evening and food services will provide information on accessing cafeteria accounts online with the option to add money to student accounts. Student drivers can acquire a \$5 parking tag and choose their space at the Bash, and student contact information sheets and permission forms for Crosswalk Learning Center will be available also. Be sure to mark this on your calen-

- We have a new academic feature this year iTime. iTime is a 30-minute daily time period that we will use for a number of purposes - increasing our students' reading comprehension and specifically targeting ACT and endof-course assessments. It will be between third period and lunch daily.

Our first day of school will be very different this year. We have a number of special activities planned throughout that day to start our year off in an exciting fashion. A great start can't be beat, and this is just part of the school culture improvement efforts we will be implementing this year.

- We had great success in improving our college- and career-readiness (CCR) numbers last year, going from 60 percent to 85.9 percent in one year, so CCR will continue to be a major emphasis. We will again have our CCR picture wall for seniors, and we will also be posting pictures of underclassmen who have already achieved CCR. CCR Coach Jeremy Wheeler will now be here four days a week to assist with getting our students ready for post-graduation.

- Attendance is extremely important for students, and our district has a new truancy policy that affects student activities. Students who are declared habitually truant (six unexcused ab-

sences or more) will not be allowed to attend field trips, dances, prom or participate in other privileges related to CCR rewards and Senior Week. We need our students at school!

- The Crosswalk Learning Center, under the direction of Cheryl Burks, will continue to provide students with a variety of activities during the school day, as well as after school. Students are strongly encouraged to use Crosswalk services for academic enrichments and especially for testing preparation for the ACT, COMPASS and ACT WorkKeys tests.

- New dress code changes are in place this year, and they have previously been publicized on our Facebook page and school website.

 Students will again be allowed to bring their personal laptops, tablets and phones to be registered at the school for use when appropriate. Cell phones and other personal technology will be allowed for personal use only before school hours and during lunch in the

multi-purpose room. Also, for your back-to-school planning, no oversize backpacks will be allowed in the school building except for those involved with golf, baseball and softball.

- We use Facebook search for "CrittendenCo HighSchool" - and Twitter -@CrittendenCoHS - regularly. Both are a great source of information and publicity about our school. We are also adding an Instagram account, and we will continue to use Celly for notifications and to pass on information outside of school hours. Text @CCHSParents to 23559 and you should start receiving parent Celly alerts. Students may text @CCHSRockets to 23559 to receive the student Celly alerts. You may continue to access the high school page at Crittenden.KySchools.us for school updates and to view the 2015-16 Student Handbook under the Resources link. Parents (and grandparents), be sure to subscribe to the Rocket News Blast, our electronic newsletter that goes out

CCHS SBDM

Curtis Brown Principal

Glenna Rich Teacher representative Jeanna Keith

Teacher representative Rayann Coleman Parent representative **Robin Curnel**

A third teacher representative will be elected in August to replace Larry Duvall, who retired this summer.

Parent representative

weekly; we need your correct or updated email address in order to receive

We hope our students have had a wonderful summer and that they come back to school refreshed, ready to learn and excited about the new school year. The entire CCHS family looks forward to Aug. 11 when we begin together.

(Editor's note. Curtis Brown begins his second year as principal of the high school.)

CCMS invites parents to participate more

BV TERESA MARSHALL CCMS PRINCIPAL

It's that time of year again! We hope you have had a

wonderful summer and are eager to get back into the school rou-

tine. At Crittenden County Mid-

dle School (CCMS), ensuring that you and your child have a wonderful year is one of our most important priorities. We would love to have your help and for you to become involved at CCMS by volunteering in classrooms, participating in school events or serving on various committees. We want every day to be a great

I would like to extend a warm welcome to our

day for our students and

newest staff members. Mrs. Talley Joyce will be teaching seventh-grade language arts. She comes to CCMS with experience in teaching language arts in Caldwell County.

Mr. Bryan Qualls will be teaching eighth-grade math and comes to us with experience teaching math and science in Union County. Mr. Qualls will also be serving as a middle school football coach.

Mrs. Cathy Oliver will be transferring to CCMS as our new bookkeeper/account clerk. Mrs. Oliver has several years of experience working in the Crittenden County School District.

We would also like to send well wishes to three of our exiting staff members this year. Mrs. Patty Guess, our former bookkeeper and attendance clerk is retiring with 22 years of experience with the district. Ms. Cara Merrick will be transferring to Crittenden County High

School to teach math, and Ms. Lindsey Sever will be leaving us to take a guidance counselor position in Owen County. Best wishes to each of these folks in their new jobs and retirement.

New this year for staff and students is the implementation of The Leader in Me program. This was made possible through a grant with the West Kentucky Educational Cooperative. The Leader in Me teaches students how to develop the essential life skills and characteristics needed in order to thrive in the 21st century. Character development and leadership skills are important core components of the curriculum. We are excited and looking forward to the opportunities students will have as a result of participating in The Leader in Me program. Information about the program can be found at LeaderinMe.org.

CCMS SBDM

Teresa Marshall Principal Kara Turley Teacher representative **Misty Gilbert** Teacher representative

Jeanette Campbell Teacher representative Rayann Coleman Parent representative

Mary Cooksey Parent representative

Once again, it is a pleasure to have you and your child as members of our school community. We are excited about the great experiences your child will have this year at CCMS. We look forward to meeting each of you and your child at our upcoming Back to School Bash on Aug. 6 from 4:30 to 6 p.m.

(Editor's note. Teresa Marshall has been principal of the middle school since

Education enhanced through 4-H programs

Barnes

By LESLEA BARNES

Can you believe summer break is nearing an end and school is just around the corner?

It is a great time to make new starts, try new things and meet new friends. Youth can do all of that through 4-H.

4-H offers experiential learning to youth ages 9 to 18 with something for everyone including livestock, robotics, cooking and sewing. By participating in 4-H, youth develop essential life skills such as responsi-

In addition to clubs and projects. 4-H offers numerous in-school and afterschool programs for students. As your county 4-H youth development agent,

bility, leadership and self-es-

teem.

I will make visits to the schools throughout the year to offer hands-on learning. I reinforce subjects being

> taught in school, but also provide information on topics such as character development, fitness and healthy eating

4-H offers a world of opportunities for youth to explore. For more information on how

you or your child can get involved, contact your University of Kentucky Crittenden Cooperative Extension Service or visit our booth during Sneak-A-Peek or the Back to School Bash.

Educational programs of the Cooperative Extension Service serve all people regardless of race, color, sex, religion, disability or national origin.

CCES encourages involvement of parents

By MELISSA J. TABOR CCES PRINCIPAL

On behalf of the Crittenden County Elementary School (CCES) faculty and

would like to welcome you and your children to a new school year.

The start of the school year is a time of excitement



and activity for all. Please join us on Aug. 6 for Sneak-A-Peek. Last names ending in A-M will attend from 5 to 6 p.m. and names ending in N-Z will attend from 6:30 to 7:30 p.m. This is a great opportunity to meet the teachers, visit the classroom, drop off supplies, complete necessary paperwork and visit our many school and community groups and organizations that will be set up in the school's multi-purpose room.

We are happy to have our returning students and staff. We want to give a special welcome to new faces. New staff members at CCES include Ms. Kara Dunbar, kindergarten teacher; Mrs. Chelsea Carroll, first grade teacher; Mrs. Tobey Capps, third grade teacher; Ms. Victoria Lee, fourth grade teacher; and Mrs. Crista Maddux, library and media specialist. Each one brings experience and knowledge to our school. We look forward to them being part of

our team. As we begin this year, please remember that this is your school, and we welcome your involvement. We hope you will visit us often and be actively involved in your child's education through volunteering, attending school-based decision-making council meetings and becoming an active member of our outstanding PTO. We sincerely hope to get to know each of

you this year. All teachers can be

CCES SBDM

Melissa J. Tabor Principal Daphne James

Teacher representative **Tammy Brantley** Teacher representative

Sarah Riley Teacher representative Lee Anna Boone Parent representative

Jason Stokes Parent representative

reached by utilizing the school website, Crittenden. KySchools.us through email (firstname.lastname@ crittenden.kyschools.us) or by calling the school office at (270) 965-2243.

The school's staff has spent a significant amount of time planning for the opening of school to ensure a smooth transition for everyone involved. We look forward to working with you and your child throughout the year to provide a productive and safe learning environment that supports

CCES PTO

Jennifer McDaniel President

Sabrina Stokes Vice president **Becky Nichols**

Secretary

Kristi Drury Treasurer **Angel Henry** First-year coordinator,

parent **Heather Bloodworth** Second-year coordinator, teacher **Kayla Travis**

First-year coordinator, teacher **Carrie Curnel** Fundraiser coordinator

student success. We hope you enjoy the remainder of your summer break and look forward to seeing you at Sneak-a-Peek.

(Editor's note. Melissa J. Tabor is a longtime employee of Crittenden County School District. She has been principal of the elementary school since 2002.)



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CCES, CCMS, CCHS school supply lists

CCES

Kindergarten

All students will be provided crayons and glue sticks courtesy of community donations, Family Resource and Youth Services Center (FRYSC) and the

- 2 pocket folders
- 2 bar erasers
- 24 glue sticks
- 6 boxes of crayons (8 to 24 count) - 24 No. 2 pencils (Triconderoga pre-
- 1 backpack (no rolling variety)
- 3 boxes of tissues
- Gallon or quart bags (boys)
- Snack-size bags (girls) - 2 packages of Clorox wipes
- 1 pair of blunt-tip Fiskar scissors
- 1 package of dry erase markers

First grade

All students will be provided glue sticks, pencils and dry-erase markers courtesy of community donations, FRYSC and the school district.

- \$7 per student to cover your child's pencils, writing journal and writing paper
- 3 boxes of 24-count crayons
- 6 glue sticks
- 1 pair of scissors - 1 package of washable markers
- 1 package of black dry-erase markers (Expo preferred due to smearing) - 2 boxes of Kleenex
- 2 pink bar erasers
- 1 set of headphones (headphones are preferred due to ear buds not fitting correctly)
- 2 two-pocket folders (plastic folders are best due to durability)
- 2 composition notebooks
- 1 package of baby wipes
- 1 container of disinfectant wipes - 1 package of paper towels
- Water color pains and quart-size bags
- Box of band-aids and gallon-size bags

We will try to keep supplies to a minimum, so please be aware that you may be asked to replenish supplies throughout the school year, especially glue sticks, pencils and dry-erase mark-

Second grade

All students will be provided composition notebooks, pencils and dry-erase markers courtesy of community donations, FRYSC and the school district. - 3 packages of Ticonderoga wooden

- pencils only - 2 large pink erasers (no pencil-top
- erasers) - 2 box of 24-count crayons
- 1 pair of scissors
- 2 packages of four-count dry-erase
- 2 composition journals - 1 container of Clorox disinfecting
- 6 glue sticks
- 2 packages of white index cards
- 3 folders
- 1 bottle of Germ-X
- 2 boxes of tissues
- 1 roll of paper towels
- 1 box of gallon Ziploc bags (boys)
- 1 box of quart Ziploc bags (girls)
- 1 backpack - No binders, please

Third grade

All students will be provided pencils and index cards courtesy of community donations, FRYSC and the school dis-

- 1 package of wooden pencils - 1 package of 4- by 6-inch index cards
- 1 package of loose leaf, wide-ruled
- notebook paper - 1 package of dry-erase markers
- 1 box of 24-count crayons
- 1 pair of scissors
- 3 glue sticks - 1 bottle of Germ-X
- 1 roll of paper towels
- 1 pencil pouch
- 1 three-ring binder (1 1/2-inch with three holes, no Trapper Keepers)
- 2 six-pocket folders (one green, one blue)
- 2 boxes of Kleenex - 2 packages of disinfectant wipes
- 1 three-subject spiral-bound note-
- 1 one-subject spiral-bound notebooks
- 1 box of gallon-size Ziploc bags (girls)
- 1 box of quart-size Ziploc bags (boys) - 1 set of headphones (no ear buds)

Fourth grade

All students will be provided dryerase markers and loose leaf paper courtesy of community donations, FRYSC and the school district.

- 2 packages of No. 2 pencils (Ticonderoga recommended) - 1 package of crayons, markers or col-
- ored pencils
- 1 package of dry-erase markers

- 2 glue sticks
- 4 packages of loose leaf paper
- 2 pocket folders (homework, library) - 2 three-subject notebooks (math, social studies, reading/English/language arts)
- 1 one-subject notebook (science)
- 1 two-inch binder
- Ear buds (optional)
- 1 pencil pouch or bag (no pencil boxes)
- 1 backpack (no rollers) - 3 boxes of Kleenex
- 2 rolls of paper towels
- 1 large bottle of hand sanitizer
- 2 packages of Clorox or antibacterial
- 1 box gallon Ziploc bags (boys) - 1 box quart Ziploc bags (girls)
- 1 package of large notecards
- 1 package of pencil-top erasers

Fifth grade

All students will be provided a multisubject notebook courtesy of community donations, FRYSC and the school - 1 box of markers, crayons or colored

- 3- three-subject notebooks (wide-
- ruled)
- 2 one subject notebooks (wide-ruled)
- 1 box of pencils - 2 glue sticks
- 1 pair of scissors
- 1 package of loose leaf paper (wide-
- 3 pocket folders (blue, green, red) - 1 package of dry-erase markers
- 2 composition notebooks
- 1 package of index cards - 1 backpack
- 1 box of Ziploc bags
- 3 boxes of Kleenex
- 1 roll of paper towels - 1 bottle of Germ-X
- 1 package of Clorox or cleaning wipes

All students will be provided pencils and two packages of loose leaf paper courtesy of community donations, FRYSC and the school district. - 1 flash drive

- 1 pair of ear buds
- Sixth grade

- 1 highlighter

- 1 box of tissues - 1 roll of paper towels
- 3 packages of pencils (keep one and give two to homeroom teacher)
- 1 package of colored pencils - 3 packages of loose leaf paper - 1 package of erasers
- 1 five-subject notebook with at least 250 pages

- 1 five-subject notebook with at least 250 pages
- 4 glue sticks

Social studies

- 1 five-subject notebook with at least 250 pages

English/language arts - 1 two-pocket folder

- 1 package of loose leaf paper (wideruled)

Seventh grade

The following items should be given to your first-period teacher:

- 1 box of dry-erase markers
- 3 packages of pencils - 3 packages of paper
- 3 boxes of Kleenex
- 1 container of disinfectant wipes - 2 rolls of paper towels

Math

- 1 one-inch binder - 1 package of cap erasers
- 1 TI-30XIIS calculator
- 1 pair of scissors - 1 package of glue sticks

Language arts

- 1 package of highlighters - 1 composition notebook

Science - 1 package of pencils

- Dry-erase markers

Eighth grade Language arts

- 1 package of pencils - 1 three-ring binder
- 2 packages of loose leaf paper
- 1 set of dividers Social studies
- 1 three-ring binder - 1 package of loose leaf paper
- 1 package of 3- by 5-inch note cards
- 1 set of tabbed dividers - 1 package of colored pencils

Press by each school

Supply lists

provided to

The Crittenden

- 1 five-subject notebook (8 1/2- by 11-
- 1 package of pencils - 1 package of colored pencils
- 1 calculator - 1 pair of scissors
- Glue sticks - 1 ruler
- **Science**
- 1 dry-erase marker - 2 composition notebooks
- 1 package of pencils or 0.7 mm lead mechanical pencil
- 1 package of water color markers - 1 pair of scissors - 1 box of Kleenex
- 1 roll of paper towels - 6 blue or black ink pens - 1 box of baking yeast - 2 to 4 single balloons

All students will be provided multisubject notebook, pens and pencils courtesy of community donations, FRYSC and the school district.

- Aerospace
- 1 flash drive - 1 binder (2-inch) - Notebook paper

- Pencils

- Ag Construction - 1 three-ring binder designed to hold
- cover sheet - 1 writing utensil - Materials for lab projects will be pur-
- Greenhouse I & II - 1 three-ring binder designed to hold cover sheet

- Materials for lab projects will be pur-

chased throughout the year

chased throughout the year

- 1 writing utensil

- **Principles of Ag** - 1 three-ring binder designed to hold
- cover sheet - 1 writing utensil

cover sheet

- Materials for lab projects will be purchased throughout the year

Small Animal Tech - 1 three-ring binder designed to hold

- 1 writing utensil - 1 colored pencil set (20 colors)
- Family &
- **Consumer Science** - 1 binder with filler paper - 3 tab dividers

- Black ink pens - Red ink pens

Life Skills A list of foods lab supplies will be given and assigned during the first

- week of school. By April:
- 2 yards of fabric - 2 bags of Polyfil

Foods/Nutrition

A list of food lab supplies will be given and assigned during the first week of school.

Child/Human

- **Development** - Playdough
- 1 package of crayons/colored pencils - A few items will be asked for throughout the year for projects.

- 1 binder (3-inch) - Filler paper - 3 packages of page protectors

- 1 large Tupperware box

Child Development

Money Skills - 1 basic calculator

- Pencils

- Frasers

- Graph paper

- 1 large eraser

- Paper towels

- Glue

Services I & II

Freshman English/

- 1 package of colored pencils

- Language Arts - 1 binder with paper and dividers
- 1 large spiral notebook - 1 package of pencils

- Tissues - Dry erase markers

Sophomore English/

- Language Arts - 1 three-ring binder (1 1/2-inch)
- Dividers - Pencils
- Pens - Journal

- Loose leaf paper

- Highlighters

Regular, Advanced Junior **English/Language Arts**

- 1 notebook or binder with loose leaf

- Pencils or pens with blue or black ink

- **AP Junior English** - Blue or black ink pens
- Pencils - 1 flash drive - 1 three-ring binder

- Highlighter

Senior English/

- 5 tab dividers

- Language Arts - 1 flash drive
- Dropbox account (free at Dropbox.com) - 1 three-ring binder (2-inch)
- 1 three-ring binder (1-inch, for Senior Exit) - College-ruled paper

- Tabbed dividers for each binder

- Dress code appropriate shorts, t-shirt,

Freshman Health/PE - Pencils - 1 health notebook

- tennis shoes (no flip flops, boots,
- Algebra I
- 1 journal - 1 binder
- Loose leaf paper - Graph paper
- 1 package of pencils (10 to 20 count) - Paper towels

Algebra II, Pre-calculus

- Tissues - Dry erase markers - AAA batteries

- Graph paper - AAA batteries

Algebra II, Pre-calculus, Math Concepts, **Advanced Topics**

- Graph paper

- Notebook paper

Chemistry I & II

Geometry

- Graph paper

- 1 binder

- 1 scientific calculator (TI-83 or TI-84)

- 1 binder (2-inch)
- Notebook paper
- Pencils
- higher)

Integrated Science

- 1 scientific calculator (TI-83 or

- 1 binder (2 inch)
- Notebook paper - Pencils

U.S. History

AP U.S. History

- 14 tabbed dividers

should be size 8 1/2 by 11 inches) - 1 package of at least 12 pencils

- 1 five-subject notebook (pages

- 1 two-inch slanted-ring or D-ring binder, preferably with clear exterior pockets (any color)
- Approximately 400 sheets of loose leaf paper - 1 package of five-color highlighters

- 1 pen (blue or black ink)

- Civilizations - 1 three-ring binder with loose leaf
- paper - 1 spiral-bound notebook - 1 box of colored pencils

Advanced World

- 1 writing utensil Art

Applications,

- 1 flash drive

Multimedia

- 1 sketchbook

- Pencils

- 1 bottle of white glue **Computer Applications, Advanced Computer**

- **Financial Literacy** - 1 package of printer paper (any brand and any weight)
- 1 notebook and folder
- 1 flash drive (8 GB or higher) - 1 SD card (8 GB or higher) - 1 notebook and folder
- **Freshman Humanities** - Colored pencils
- 1 bottle of Elmer's glue - Paper towels - Water colors

- 1 journal

inch) - Aluminum foil

- 1 three-ring binder with loose leaf

- 1 binder with loose leaf paper (3

Sophomore, Junior, **Senior Humanities**

paper (1-inch) - Pencils and/or pens

Psychology - 1 spiral-bound notebook - 1 small journal/notebook

Jazz Band - 1 three-ring binder (1-inch)

- 1 writing utensil

- **Concert Band** - 1 three-ring binder (1-inch)
- Spanish I & II - 1 binder (1 1/2 or 2 inch) - 5 tab dividers
- 5 packages of 3- by 5-inch note cards (packages, not spirals) - 1 pencil pouch, big Ziploc bag or binder rings to keep flashcards
- 20-pack of pencils - 1 package of at least two dry-erase

markers (big or small)

- 1 package of Kleenex (Spanish I) - 1 package of markers (Spanish I) - 1 package of scissors (Spanish II) - 1 package of crayons (Spanish II)
- Construction paper or colored copy paper - 1 flash drive or Dropbox account for file backup

- A device with Internet access will be

useful, as we will use the lab and

- 1 individual hole punch (Spanish II)

Quertermous iTime

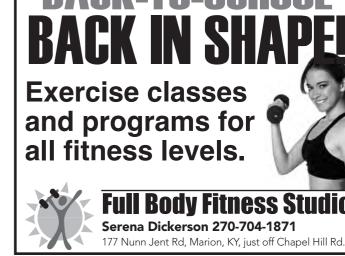
technology frequently

- 1 large box of tissues (girls) - 1 small bottle of Germ-X (boys)



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Crittenden County bus routes

This list does not include all roads and streets, call (270) 965-3866 with any questions.

BUS	DRIVER	ROUTE
Bus 1403	T. Pennington	Ky. 365, Ky. 654 North, Cotton Patch Road, Mt. Zion Road, Baker Hollow Road
	•	Nunn Switch Road, Repton-Fishtrap Road, Old Piney Road, Moore Springs Road, White Road
3us 1604	C. Ladd	Airport Road, Sisco Chapel Road (Ky. 2132) Damron Road, Claylick Creek Road, Guess Road, Brown Mines Road Claylick Road, Tiny Tot Day Care, Caldwell Springs Road, Nesbitt Hollow Road,
Bus 0527	J. Manley	Marion-Porter Mills Road, Copperas Springs Road, East Gum Street, Ky. 506, Pleasant Hill Road, East Depot Street to South Walker Street, Lone Star Road, Piney Fork School Road
Bus 0742	R. Orr	U.S. 60 East from Creekside Apartments to Union County line
Bus 0932	T. Ryan	Old Morganfield Road, North Main Street from Royal Inn to Industrial Drive on South Main Street
Bus 1514	G. Damron	Ky. 297, Ky. 135 to Tolu, Ky. 723 to Tolu, Irma White Road, Dick Jones Road, Youth Camp Road, Coy Watson Road, Tom Hill Road
Bus 1512	C. Tyson	Ky. 855 South, Ky. 902, Dycusburg, Ky. 70, U.S. 641 from Railroad Avenue to Coleman Road, Joyce Road
Bus 1528	C. English	Ky. 120 (East Bellville Street) to Webster County line, Ky. 1917 to Shady Grove, Ky. 132
Bus 1111	L. Schneckloth	Cherry Street, North College to First Street, Greenwood Heights
Bus 1110	T. Alexander	U.S. 60 West to Salem, Levias, Love Cemetery Road, Eagle Mine Road
Bus 1507	R. Winders	Ky. 91 North, Ky. 135 to Ky. 1668, Watson Street, Brookcliff Street, Arlene Street, Hickory Hills Avenue, Donald Winders Road, O.B. McDaniel Road, Willard Easley Road
3us 0523	S. Autry	Wilson Farm Road, Sugar Grove Church Road, Old Shady Grove Road, Bellville Manor Apartments, Kevil Street, Towery Road, Cave Springs Road, Ky. 654 South from Cave Springs Road to Tribune
Bus 065	H. Peek	Jackson School Road, Sulpher Springs Road, Weldon Road, Campbell Lane, Coleman Road, U.S. 641 from Coleman Road to Industrial Drive
Bus 1508	L. Robinson	Ky. 723, Ky. 838, Deer Creek Church Road, Claude Belt Road, Watson Cemetery Road, Lewis Croft Road
Bus 0244	T. Fitzgerald	North Weldon Street, North Yandell Street, Old Salem Road
	E. Myrick	
Bus 1520	L. Williamson	
Bus 0736	A. Jorgensen	Old Salem Road, West Bellville Street, East Bellville Street to Marion Feed Mill, North Weldon Street to Travis Street, Freedom Church Road
Bus 1513	A. Starnes	Preschool and Head Start students in Marion city limits only

EDUCATION BRIEFS

Dropout age now 18 for CCHS pupils

Students in Crittenden County will now have to stay in school until they reach the age of 18. Last year, Crittenden County Board of Education approved moving its mandatory school attendance age to 18 at the beginning of the 2015-16 school year.

The policy change was sparked by the Blitz to 96 campaign, which was an effort to get 96 school districts in Kentucky to adopt the higher compulsory attendance age of 18. Once 96 school districts adopted the policy, then it became law that all school districts would adopt a policy on compulsory attendance within the next few years. Previously, the dropout age in Crittenden County was

Sixteen- and 17-year-old dropouts who didn't earn their GED by June 30 are required to return to high school

Crittenden County School District took a proactive approach to the issue of dropouts by creating the Pathway Academy in 2008. The program gives students an opportunity to study and earn their high school diploma in an alternative setting. To date, 61 students have graduated from the Pathway Academy.

However, keeping teens invested in their education still provides a challenge. Local school officials said during the 2013-14 school year, eight students dropped out. Last year, four students dropped out. Most of them have either obtained a GED diploma or have reached age

List to help parents engage schools

Seeking to engage parents more in their children's education, the Obama administration on July 17 released a checklist of questions they

should be asking schools. "I have never met a parent

who doesn't want the best for their child. However, it can be hard for families to know how to support their child's education," Education Secretary Arne Duncan said. "Engaging with their educators is a good place to start."

The checklist is divided into sets of questions officials say parents should ask educators. They cover such areas as the quality of education, how progress is measured, school safety and student engagement.

It also encourages parents to talk to their children about their education.

The Education Department partnered with the United Negro College Fund, the national Parent-Teacher Association and other organizations to create the guide for parents and caregivers.

Michael L. Lomax, president and CEO of the United Negro College Fund, said it was important to dispel the notion of minority parents being disengaged. He said parents still need assistance.

"The Parent Checklist is a powerful resource that can help gauge whether a child is being sufficiently prepared for the quality education they deserve," said Lomax.

The campaign unveiled

July 13 features television,

radio and print advertise-

ments promoting the bene-

fits of the HPV vaccine. The

vaccine is recommended for

11- and 12-year-old boys

and girls to prevent infec-

through a \$500,000 grant

from the Centers for Disease

The campaign is funded

tion.

"Help is on the way." The list can be found at www2.ed.gov/documents/ family-community/parent-

checklist.pdf. — The Associated Press

Campaign aims for **HPV** vaccinations

State officials have unveiled a new campaign to encourage parents to have their children vaccinated against human papillomavirus (HPV), which can cause cancer.

Officials say currently only 27 percent of Kentucky 13- to 17-year-old girls have received the recommended three doses of the vaccine, and 19 percent of boys have received one dose. The state hopes to increase vaccination rates by 25 percent under an initiative launched

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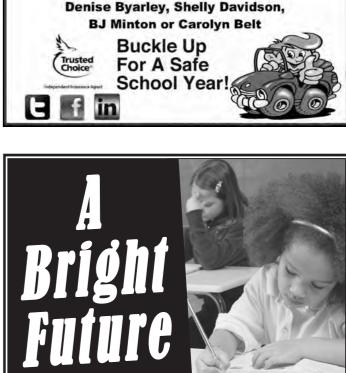


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www.crittenden-health.org

Control and Prevention. Obituary Line (270) 965-9835 For more information, visit StopHPV.ky.gov. www.gilbertfunerals.com



Orittenden **BoardofEd**



Clark Central Office 601 W. Elm St Marion, KY 42064 270.965.3525 or 270.965.2281



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Maddux



District 2 representative Voting precincts 9, 10 LaRue P.O. Box 412 lem, KY 42078 270.988.3249





The board typically convenes in regular session at 6 p.m. on the fourth Tuesday of each month at Rocket Arena.

Work sessions typically convene at 6 p.m. on the second Tuesday of each month at Rocket Arena.

District 4 representative Voting precincts 2, 11 **Collins** 2743 U.S. 60 East

Marion, KY 42064

270.965.3216



District 5 representative Voting precincts 3, 6 12

Marion, KY 42064 270.965.2175

ADDITIONAL CONTACTS CCES Principal Melissa Tabor: 270.965.2243 | CCMS Principal Teresa Marshall: 270.965.5221 | CCHS Principal Curtis Brown: 270.965.2248 | District website: Crittenden.KySchools.us | District email: firstname.lastname@Crittenden.KySchools.us

NEW TEACHER HIRES IN THE DISTRICT

CCES: Carroll

Chelsea Carroll will teach first grade this year at Critten-County Elementary School (CCES). Carroll isn't the first member of her family to join the Crittenden County



Carroll

is the band director Crittenden County Middle and High schools Originally

hus-

at

o m r Scottsville, Ky., Carroll graduated from Allen County-Scottsville High School.

She attended Oakland City University in Oakland City, Ind., just north of Evansville, Ind. There, she majored in elementary education and received a minor in business.

Carroll's previous professional experience includes teaching fifth-grade social studies at Allen County Intermediate Center. She also taught kindergarten at Allen County Primary Center and kindergarten at Caverna Elementary School in Cave City,

"I'm excited about bringing what I know and have learned in teaching to Crittenden County and being a part of the community," she said. "Since my husband has gotten his job, the community has really been behind us and been there for us like a family."

She said being part of a community that's family-oriented is important to both her and her husband. The couple is expecting twin boys in late September or early October. Carroll said she will have the opportunity to be with her students before the delivery and will come back to the classroom afterward.

CCES: Dunbar

Kara Dunbar always knew she wanted to pursue a career in education.

"My mom is an educator," Dunbar said. "She inspired me to go into teaching.'

Dunbar will join CCES this as a kindergarten



native Caldwell County, this is her first year teaching in the classroom. Dunbar graduated

from Murray

State University (MSU) in December 2014 with a degree in early childhood education. Her student teaching experience includes working with both preschool and kindergarten classes in Lyon County.

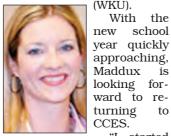
CCES: Maddux

Crista Maddux is coming full circle as she returns to CCES as media specialist.

Originally from Ledbetter, Maddux began her career at CCES teaching fifth grade in 2004. She then taught first grade for three years in Louisville. She spent three years as an intervention teacher in Tuscaloosa, Ala. For the last three and a half vears, she has served as a librarian at the Livingston County Public Library in Smithland.

Maddux received her bachelor's degree in elementary education from MSU and went

on to earn her master's degree in library science from West-University Kentucky (WKU).



ward to returning to CCES. "I started Maddux mv career here, and it's a neat opportunity, and I'm excited to be back and working with the

She and her husband, Jonathan, have a 2-year-old daughter. The family resides in Marion.

CCES: Capps

wonderful staff,"

Tobey Capps always wanted a career in education. "I was the girl that played school ever since I was little," Capps said. "I always planned

on being a teacher.' Capps will teach third grade

at CCES beginning this school year. She attended MSU and received her bachelor's

degree in elementary education. Her student teaching experience includes teaching both third- and fourth-graders at Lyon County Elementary School. A Caldwell County High

Capps

School graduate, Capps said the high school's National Honor Society further helped solidify her career choice. She was part of a community service project that tutored students after school at Caldwell County Primary School. She called the experience reward-

She and her husband, Alexander, reside in Caldwell County

CCES: Lee

Victoria Lee will teach fourth grade at CCES. Lee, a resident of Kuttawa, is a graduate of Lyon County High School.

A University of Kentucky graduate, Lee received her degree in elementary

education

and worked

third-

Ele-

stu-



dents in an accelerated class at Tates Creek mentary

with

grade

School Lexington. She also helped teach fifth graders.

Lee decided to pursue a career in education while in colcredits fourth-grade teacher for being a mentor in the profession.

CCMS: Joyce

Talley Nix Joyce is coming

Joyce, a Fredonia resident, graduated from Crittenden County High School (CCHS) in 2010. She spent the previous school year teaching eighthgrade language arts in Caldwell County. This year she will begin teaching seventh-grade language arts at Crittenden Middle County School (CCMS).

attended WKU, Joyce where she majored in English for secondary education. She student-taught at Webster County High School for one semester, instructing juniors and seniors in a photo journalism class.

in education

Joyce

was inspired Erin Gruwell, author of "Freedom Writers,' who also taught English and was lawyer.

Her career

After the author spoke at the WKU campus, Joyce said she was inspired to pursue a career in education. "It just makes your day to

see a student grow as a person, not just in education," she said. A newlywed, Joyce and her

husband, Ryan, were married in June. "I'm excited to be back home working with the people

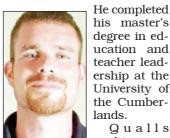
I know and in a community that I love," Joyce said about the upcoming school year. "I can't wait to get started."

CCMS: Qualls

It turns out you can go home again. Just ask Bryan Qualls.

For almost five years, Qualls has been teaching math at Union County Middle School. This August, he will begin teaching eighth-grade math at CCMS.

A 2005 graduate of CCHS, Qualls received his bachelor's degree in middle school education with an emphasis on math and science from MSU.



Qualls

Qualls credits retired CCHS teacher Greg Holloman for making math interesting and regards him as a mentor. He wants to bring that same type of enthusiasm about the sub-

He completed

degree in ed-

ucation and

teacher lead-

ership at the

University of

the Cumber-

ject to his students. "You've got to make it fun," Qualls said about teaching math. "If they are having fun they are going to be inter-

Qualls, who is married and has a daughter, said he is happy to be returning to Crittenden County.

"I'm glad to be back home and want to be able to give back to the community that gave to me when I was in school and help out the students and fellow teachers any way I can," he said.

CCMS: Jennings

CCMS will welcome Providence native Valerie Jennings as the school's new guidance counselor.

Jennings began her professional career as an educator at Providence Elementary School, where she taught second grade. She also taught arts and humanities to kindergarten through eighthgrade students, introducing them to music, visual art, dance and drama.

In 2011, she received her

master's degree in guidance counseling from MSU. She served as a success coach at Henderson Community College, where she worked in admissions and

be-

past

college



Jennings

and careerreadiness counselor at Muhlenberg County High School, where she worked one-on-one with students helping them prepare for life after high school.

Jennings transitioned to counseling after she realized some students had problems either at home or couldn't connect with others at school. She said it was important for her to be better prepared to help students and let them know she was in their corner. "I am more than excited,"

coming school year. "I can't wait to get started. I can't wait to make a difference in the lives of the students. She and her husband have

Jennings said about the up-

a daughter.

CCHS: Baker

Torey Baker is familiar with the hallways of CCHS. The Fredonia resident is a graduate of the local high school and will teach math beginning this school year.

Baker attended Lindsey Wilson College, where she received a bachelor of arts in education with an emphasis in math. Her student teaching experience



Baker

includes instructing geometry and Algebra II at Russell County High School. Like fellow

math teacher Qualls, she calls retired

CCHS math teacher Greg Holloman a mentor. She said he made math interesting. Baker said students learn

at different levels and with different techniques and emphasized a lesson plan should not be "one size fits all." "My goal is to figure out

which techniques work best for which students and try to be positive and encouraging and help them at their own pace and build self-confidence with math," Baker said.

As an educator, Baker said another goal is to help students realize math has applications in the real world and is not just a course they have to learn in the classroom. She wants to connect the subject with concepts students are interested in and help them understand math can be interesting and not boring.

Baker said she's looking forward to returning to CCHS.

"I look forward to it and am anxious to do my best for my students," she said. "I am looking forward to the year. I am excited to meet my students and help them."

> — By Jason Travis Staff writer

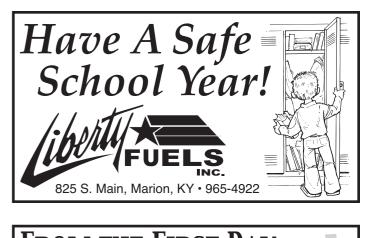
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Never go anywhere with a stranger.

Don't walk anywhere alone. Always go with a buddy.

Know your home address and phone number.

Let your parents know if you go somewhere after school.

Tell your parents or teachers if someone is bothering you.

Learn fire drill procedures at school and at home.

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Modern lunch gear has revolutionize packing lunches

AP FOOD EDITOR

There was a time when a lunch box was just that, a box parents used for packing a lunch.

For many years, they were metal and came emblazoned with your favorite cartoon or movie characters, as well as a matching thermos. By the '80s, metal was passe, making way for plastic. But the basic design was the same. And you liked it. Until you were old enough to not. Then you graduated to paper bags or ditched packed lunches entirely for some atrocious pizza-chickencheese-nugget-potato thing

from the cafeteria. Lunch gear has come a long way since those days. Today's lunch "systems" are dominated by bento-style gear, which originated in Japan and involves multiple compartments and containers to hold a variety of foods. And that makes sense for modern kids, who are as likely to be toting sushi and DIY taco kits as they are the classic PB&J.

The gear also is far more

high-tech. Today, everything from the bag to the water botis super-insulated and rated so you know how long your darling child's pasta carbonara will stay warm and how long the organic juice will remain chilled.

Which isn't to say all modern lunch gear is the same. So I've assembled a few pointers to help you make the best choices as you brace for another year in the lunch-packing trenches.

Boxed in

containers Bento-style rule. Having lots of little compartments to fill may sound intimidating, but it's easy. Some crackers go in one, cheese in another, maybe something fruity in a third. Toss leftovers from last night's roasted chicken in a fourth and before you know it, lunch is packed in about 5 minutes. That's the power of bento; it lets you think small. And faster than you expected, you've assembled a meal.

For preschool and other young kids, consider a kit such as Laptop Lunches, which packs multiple containers inside an easy-to-open clamshell box. They are affordable, dishwasher safe and indestructible. They also come with their own insulated carrying bag and some of the containers are watertight.

Older kids require more food and flexibility. For them, LunchBots rock. These stainless steel containers are available in several configurations that can be combined in endless ways depending on what you feel like packing. They can be pricy, but will last forever.

Looking for a budget option? Check out the disposable food-storage containers at the grocer. Many companies now offer bento-like containers you can easily mix and match for lunch duty. Bonus: When Junior loses them, you don't lose a mint.

It's in the bag

Insulated lunch bags are where it's at. Some lunch kits, such as Laptop Lunches, come with custom bags. But if you're assembling your own need to shop around. For younger children, a basic insulated bag with a zipper closhould be Combined with an ice pack, these are good for keeping perishables cool.

For older kids, you may need to dig a little deeper. When my son transformed from a peckish preschooler to a voracious middle schooler, I needed a serious upgrade in packing space. I searched online for hours before settling on a "picnic bag" that would allow me to pack a sufficient amount of food.

Whatever your needs, it's wise to go with a bag that offers two compartments. This allows you to separate warm and cold items, as well as segregate easily bruised fruits from hard containers.

Liquid intelligence

Lunch liquids generally take two forms - drinks and soups/stews/chili. You'll need gear for both.

For drinks, the best bet is Hydro Flask, which offers a line of insulated water bottles so good they are almost scary. As in, I've left an ice waterfilled bottle in the blazing sun on my driveway for six hours and it still had ice floating in it. Looking to pack milk or juice and make sure it stays safely chilled? This is your bottle. They are rated to keep liquids cold for up to 24 hours and hot for up to 12 hours.

For soups and chili, I'm a fan of Thermos brand's Foogo food jars. They are a great size for kids, affordable, easy to open and keep foods hot for five hours.

The numbers

Packed lunches are great. Food poisoning isn't. Making sure the former doesn't trigger the latter is just a matter of knowing your numbers.

Cold food needs to stay below 40 degrees. Hot food needs to stay above 140 degrees. Once food falls outside those ranges, it's safe to eat for another two hours.

When you shop for lunch gear buy only products with thermal ratings that cover the

you pack the lunches and when they'll be eaten.

The little stuff

We tend to focus so much on the gear and bags, we forget the little things like utensils and ice packs.

Obviously, this isn't the time to break out any silverware you don't want to lose (I'm still annoyed with my son for having taught me this lesson). But disposable plastic isn't all that eco-friendly. My solution? Hit the second-hand shop and grab some inexpensive stainless steel forks and spoons for pennies. If they get tossed, no big deal.

As for ice packs, you'll want one even when using insulated lunch bags. Get several so you always have one in the freezer. Rigid packs are better than soft, which can freeze in awkward shapes. They also are less likely to be punctured when your child decides to launch his lunch box across the schoolyard (and if you think that won't happen, you're delusional).



Grant brings out Leader in Me at CCMS

Crittenden County Middle School (CCMS) will be participating in the Leader in Me program this year. It was made possible through a grant received through the West Kentucky Educational Cooperative. CCMS will participate with nine other school districts - including Livingston in the Leader in Me project. Modified for schools, educators participated in over the summer based on the Franklin Covey Seven Habits of Highly Effective People. The program will be implemented as a direct study for CCMS students and infused in the school's general culture, including content areas, assemblies and classroom environment. Shown above, CCMS Principal Teresa Marshall (left) speaks with Community Educator Holly White during a summer workshop for the Leader in Me program.

BREAK

Continued from Page 1

proved a plan that would eliminate two days of fall break beginning in the

2016-17 school year. This will change the start date of fall break to a Wednesday, allowing for just three days of vacation.

This, too, is aimed at giving the school district two more days of instruction before winter weather has a chance to affect the academic calendar.

Fall break for this school year is a full week, Oct. 12-

CCHS, CCMS dress code altered have any holes, tears or worn

The high and middle schools will be sharing an altered dress code for the upcoming school year. The policy prohibits any holes in clothing, mandates new minimums for coverage by tops and raises the minimum length of bottoms.

"Our two schools worked closely in the spring to bring about a unified dress code, so students will have consistency as they move from the middle school to the high school," Crittenden County High School Principal Curtis Brown wrote this summer.

Dress code tweaks include: - Students are not to wear pants, shorts or skirts that and tattered areas. This also prohibits clothing with worn or torn areas that still have fabric strings across a hole.

Tops that are sheer or lightweight enough to be seen through must have an undershirt with straps wider than a credit card. Undergarments should not be visible. Skirts, shorts, and

dresses should be no shorter than 5 inches above the center of the back of the student's knee. This compares to a 4inch rule the previous year.

 Stretch-to-fit clothing leggings, jeggings, yoga pants, etc. - must be worn with a top that covers the bottom when

The full dress code is posted on the high and middle school websites, and it will be in the student handbook that students receive next month.

The dress code was developed with parent and student input and was approved by the schools' discipline committee and site-based decision-making (SBDM) councils. The committee included teacher, parent, community, and student representatives, and the SBDM councils include teachers and parents.

"We appreciate the assistance and support of parents and guardians in making sure our students follow our dress code," said Teresa Marshall, middle school principal.

Simple efforts help to control lice, kill germs brushes or towels. Disinfect However, spending much time

Health officials urge parents of young children to discuss the importance of hand-washing to kill germs and reduce the risk of colds and flu. The Centers for Disease Control and Prevention (CDC) characterizes handwashing like a "do-it-yourself" vaccine that involves five simple steps: wet, lather, scrub, rinse and dry. Parents should explain to their children that regular hand-washing not only removes dirt, but avoids spreading germs to others.

Parents should also talk to their children about ways to prevent head lice. The following are steps that can be taken to help prevent and control the spread of head

lice, according to the CDC: Avoid head-to-head (hairto-hair) contact during play and other activities at home, school and elsewhere.

Do not share clothing such as hats, scarves, coats, sports uniforms, hair ribbons or barrettes.

Do not share combs,

combs and brushes used by an infested person by soaking them in hot water - at least 130 degrees - for at least 5 or

- Do not lie on beds, couches, pillows, carpets or stuffed animals that have recently been in contact with an infested person.

Machine wash and dry clothing, bed linens and other items that an infested person wore or used during the two days before treatment using the hot water laundry cycle and the high heat drying cycle. Clothing and items that are not washable can be dry cleaned or sealed in a plastic bag and stored for two weeks.

Vacuum the floor and furniture, particularly where the infested person sat or lay.

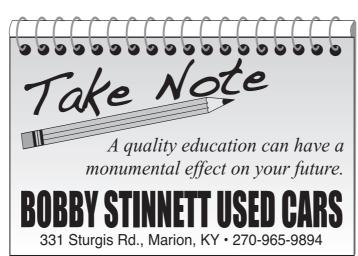
and money on housecleaning activities is not necessary to avoid reinfestation.

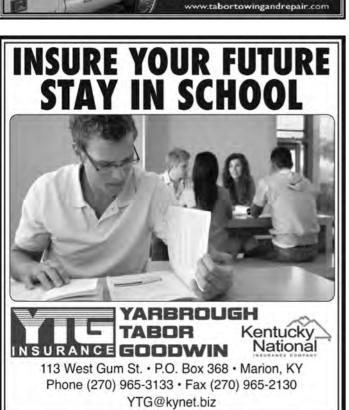
- Do not use fumigant sprays or fogs; they are not necessary to control head lice and can be toxic if inhaled or absorbed through the skin.

Misdiagnosis of head lice infestation is common. The diagnosis of head lice infestation is best made by finding a live nymph or adult louse on the scalp or hair of a person. Because adult and nymph lice are small, move quickly and avoid light, they may be difficult to find. Use of a finetoothed comb may facilitate identification of live lice.

For more, contact Crittenden County Health Department on Industrial Drive in Marion at (270) 965-5215.













iTime new wrinkle on high school scheduling

By JASON TRAVIS STAFF WRITER

It's a combination of homeroom meets study hall with a modern twist and name.

Crittenden County High School (CCHS) has adopted a new bell schedule for the upcoming school vear that incorporates iTime, a new 30minute block scheduled between third and fourth periods dedicated to academics.

At 10:35 a.m. each school day, students in every grade level will report to their base

group at the beginning of iTime. Students will be assigned alphabetically and by grade level to a teacher's base group classroom during this time. Students will maintain the same base group and assigned teacher during the remainder of their high school experience. Students will

learn their base group teacher's name when they receive their class schedule.

CCHS principal Curtis Brown and assistant principal Tammy Duvall said iTime is designed for a variety of academic activities. For

example, each Wednesday will be used as a prep day for various testing, such as the ACT and KOSSA tests that students prepare for throughout the year. On this day, seniors who have already taken those tests will

focus on filling out scholarship applications, organizing their resume and other activities pertaining to soft skills as they prepare for life beyond high school. To strengthen reading

comprehension scores, two days of iTime will be used for sustained silent reading. Emphasizing that reading is cross-curricular, Brown said his goal is to have the entire school reading and indicated there will be times when both he and Duvall will visit a base group class and take time out just to read.

Flexibility will be a key part of iTime as students won't meet each day in the same base group. For example, students will meet with different teachers and groupings based on certain needs, such as students studying for the KOSSA

"The beauty of this is the base groups can fluctuate and flow depending upon what the needs are at the time," Duvall said, adding students will know days in advance when not to meet in their regular base group classroom and instead meet in a different class, such as one dedicated to ACT

Homework prep will also be

CCHS bell times

PERIOD	START	END		
1	8 a.m	8:50 a.m.		
2	8:55 a.m	9:40 a.m.		
3	9:45 a.m	10:30 a.m.		
iTime1	0:35 a.m.	11:05 a.m.		
41	1:10 a.m.	11:55 a.m.		
"A" lund	ch 11:10 to	11:40 a.m.		
41	1:45 a.m.	12:30 p.m.		
"B" lunch 12 to 12:30 p.m.				
51	12:35 p.m	1:20 p.m.		
6	1:25 p.m	2:10 p.m.		
7	2:15 p.m	3 p.m.		

a component of iTime. It will also allow students to meet with a Response to Intervention teacher as needed.

Brown said administrators chose to incorporate iTime into the high school's schedule for a number of reasons. It's designed to provide an academic focus for certain groups of students taking assessments, such as ACT and

KOSSA tests. Secondly, iTime will reduce classroom interruptions by allowing a designated time for specific meetings, such as ordering class rings, project graduation and other activities that require student attendance but take away from a teacher's planned instructional period.

iTime is also designed to strengthen the teacher relationship and bring more continuity to each student's high school experience. At the beginning of the school year, base group teachers, much like a homeroom teacher, will have the opportunity to explain procedures and protocols, distribute and collect a variety of documents and forms and go over the student handbook.

Brown said that previously, such practices typically took away from instruction during first period.

He said other area schools

that have incorporated a flex period similar to iTime have improved their overall academic scores. Locally, both Caldwell and Livingston County high schools have incorporated similar periods into their schedules.

To accommodate for the new 30-minute block, five minutes have been reduced from each period of class except for first period, which will retain 50 minutes to allow for morning announcements. Brown believes the five minutes reduced from those periods will be regained through iTime, as there will be more focus on academics and fewer disruptions.

School administrators said iTime was scheduled before the lunch period to allow all students to participate, including students who attend vocational school classes in Caldwell County later in the

Aerospace program at CCHS offers students unique opportunities

By BECCA SCHIMMEL

Up, up and away! ...On to bigger and better STEM careers.

This will be the third school year for Crittenden County High School's Aerospace Academy. The program offers all high school students a beginning taste of space science, space engineering, aeronautical engineering, aircraft maintenance, air traffic control and piloting.

Interested students can sign up for the program by talking to their guidance counselor. It is free for students unless they decide to take dual credit courses. According to Al Starnes, director of pupil personnel, transportation and school health and safety with the district, they can get up to nine college credit hours through the Aerospace Academy, which of-



SUBMITTED PHOTO Crittenden County High School student Jantzon Croft works on a wing design for the school's aerospace program.

fers its classes online.

Starnes, a pilot, was in-

program to fruition in the school district. The program is strumental in bringing the an innovative way to offer

local students more curriculum in science, technology, engineering and math, or

Currently, there are 17 students involved in the aerospace program. They are trying to start an aerospace club to generate more interest.

Two students attended a flight camp over the summer and in that flight camp they were guaranteed 10 hours of flying time with an instructor. Now, those two teens are ready to fly solo, but they remain grounded for now.

We're trying to look for instructors now," said Starnes. "What we have is two kids ready to solo, but no instructor that can take them."

Starnes, Education Director Jeremy Wheeler and physics teacher Jody Porter went to training this summer to make sure they could properly facilitate the class. Like

Starnes, Wheeler is a licensed pilot.

The first year of the program, 2013-14, flight simulator that helps with training

and keeps things fun. There is also a wing design competition that students attend, as well as a flight team competition. The simulator used

in these competitions

requires students to do

a short field take off,

short field landing, soft field take off and soft field landing, plan a crosscountry flight and success-

fully complete that flight. There are some elements that can disqualify a student from participating. Each student has to get an "OK to fly" medical exam, according to Starnes. Students must also have 20/20 vision or anything that corrects it to 20/20. If a

cannot fly the simulator for safety reasons.

"It (the runway) is a series of four lights. So if you have

four white lights, it means that you're high," Starnes explained. "If you have four red lights, that means that you're low. Red is dead. So, if you're color blind, you wouldn't be able to see the difference in the lights.'

He added that if a pilot loses communication the only way that air traffic control can communicate with you is with lights.

have to have an interest in flying a plane to be in the program, though. There are a lot more careers in aviation and aerospace than most people realize, Starnes said.

Students don't necessarily

CCHS offering two fast tracks to higher education

Placing students on the fast track to higher education is a primary goal at Crittenden County High School (CCHS).

There are now two options students and parents can consider when planning for college. Both options offer pros and cons that should be carefully consider.

The high school an early graduation option for a select group of students who meet specific criteria. School officials say this track is not for everyone. The purpose of early graduation is to provide academically highachieving students with an option to move more quickly toward a post-secondary education. It allows students to graduate from high school college-ready in three years or

There is a two-year and three-year option. Once students graduate they are eligible for acceptance into a two-

or four-year college. Academic requirements for early graduation include meeting ACT benchmarks set by the Council on Post-Secondary Education. In addition, students have to meet proficiency benchmarks on end of course exams, such as those for English II, Algebra II, biology and U.S. History.

But the option isn't as easy at first glance. School officials stress this option would be for students who are self-motivated, have a good attendance record and are academically and socially mature enough to be enrolled in high school courses with older students. Also parents need to consider if they are financially ready to send their child to college Scholarships and other opportunities that could be beneficial by staying the full four years of high school should be considered.

Students who choose this track would have to be willing to forego traditional high school activities such as athletics, prom and other extracurricular activities.

Another track would keep students in high school for the traditional four years. Parents can decide if their child would better benefit from the advanced level or dual credit courses offered as another alternative to get a jump on college. Dual credit provides the option of obtaining college credit while still enrolled as a high school student. Students also get to experience high school activities while adding college credit.

Middle and high school students interested in an early graduation option need to notify their guidance counselor, who would set up a meeting with the early graduation committee. Then a meeting with parents and students would be scheduled to explain the criteria for the program and to map out their individual pathway.

There are financial incentives for families that choose this option. They are eligible for a one-time scholarship to be used for the academic year immediately following early graduation. It's good for any Southern Association of Colleges and Schools-accredited public or private university in Kentucky. That award is equal to half of the statewide per pupil guarantee. School officials said this past year that would have been \$1,955. They are also eligible for their Kentucky Educational Excellence Scholarship (KEES) money. KEES award money is based on a student's gradepoint average each year in high school. There is a bonus for high ACT scores. Students who graduate in three years would be eligible for four years of KEES money.

Dual credit courses are administered two ways. Some are taught by CCHS teachers. Examples include English 101, 102 and Advanced Top-

Another way to earn dual credit is by taking courses online. School officials said typically these courses are onesemester courses students are encouraged to commit to two semesters of enrollment in a particular course of study.

School officials caution that these courses can be a big adjustment for students. Limited assistance is available and communication with off-campus instructors usually by email. Deadlines for course work are also stricter. Also snow days don't affect online courses. For example, if CCHS misses one week of school because of a winter storm, students enrolled in online courses will still be expected to keep up

with their course work. Online courses do require fees that vary by subject. Information on fees can be ob-

tained at the high school. Advantages for taking dual credit courses include graduating from high school and having also obtained several college credit hours; students get to remain at CCHS and have the full high school experience and money can be saved on the total cost of a college education.

Parents interested in either of these advanced track options for their children should contact the high school at (270) 965-2248.









Stephanie Maness, Store Manager

District searching for subs, training Aug. 6

Ask any teacher his or her No. 1 desire for students when illness or professional development takes him or her away from the classroom, and you are likely to get the same answer: Continuous instruction.

That's why the role of substitute teachers is so vital to a school system. In fact, the Crittenden County school district is so committed to its substitute program that it hosts annual training sessions and even recently established a Substitute of the Year award at each of its three schools.

Those considering substitute teaching may be eligible in one of three ways:

- If a person is a certified teacher (either retired or not currently teaching)

- If a person has a bachelor's degree in any field. If a person has at least 64

college credits.

Pay ranges from \$65 per day to \$109 per day, depending upon rank and certification. According to Diana Lusby, Personnel Director for Crittenden County Schools, those considering substitute teaching should enjoy working with young people and desire to continue instruction in a teacher's absence

Those interested in substitute teaching opportunities should apply online at the school's website at Crittenden. KySchools.us.

All classroom substitute teachers are required to attend a training session which will be offered from 9 a.m. to noon Aug. 6 in Rocket Arena.

Lusby said substitutes, bus drivers, custodians, food service workers, office staff and instructional assistants also are needed, but are not required to attend the Aug 6 training. People interested in these positions also may apply online.

For more, visit the district's website or email diana.lusbv@ crittenden.kyschools.us.

Shoe, backpack programs help outfit students for school year

By JASON TRAVIS STAFF WRITER

It's important to start the new school year on the right foot. That's the purpose of Happy Feet Equals Learning Feet non-profit organization. Created in 2009 by retired Union County coal miner Jerry Baird, the goal of Happy Feet Equals Learning Feet is to remove one stumbling block for students in regard to obtaining new shoes for school.

Since its inception, the non-profit program has expanded into several other counties, including Crittenden, Caldwell, Livingston and Webster counties. Local attorney Karen Woodall is the organization's board member for Crittenden County.

At the end of each school year, representatives from the Family Resource and

Services (FRYSC) measure to determine students' shoe sizes. During the school district's Back to School Bash each August, shoes are then distributed to students who are eligible to par-

ticipate in the program. Jappy Fee. Another initiative that benefits local students the Starpack

Backpack

program

which will begin Aug. 28. The back pack program is designed for any elementary school student whose family may face a situation where enough food

for the weekend is not avail-

able. Each Friday, students are supplied with backpacks that are filled with items that they can open and prepare on their own.

The school district requires a parent's permission to enroll their child in the

backpack food program. Parents may contact the elementary school at (270)965-2243 enroll their child or they can contact Holly White, coordinator of FRYSC

at (270) 965-3525. "The Crittenden County Family Resource Center wants to try to eliminate as many barriers as possible. I don't ever want to think that our students have to worry about food," White said. "I love being able to partner with the fantastic people that we have in our county to feed kids and help to put new tennis shoes on their feet. I love my job and being able to work with students and the community every

If circumstances arise where parents no longer need for their child to be enrolled in the backpack program they may contact White with that information.

Those who wish to donate to the Happy Feet Equals Learning Feet or Starpack Backpack program may also contact White. Donations from individuals, businesses and organizations are welcomed and appreciated.

SUPPLIES

Continued from Page 1

"As seen over the last 13 years, spending on 'back to school' has consistently fluctuated based on children's needs each year, and it's unlikely most families would need to restock and replenish apparel, electronics and supplies every year," said NRF President and CEO Matthew Shay. "Parents this summer will inventory their children's school supplies and decide what is needed and what can be reused, which just makes good budgeting sense for families with growing children."

Fortunately, there are several ways parents can salvage budgets.

Take inventory. If you have more than one child, chances are you already have lots of school supplies around the house. Dust off kids' backpacks and study areas from last school year to determine which supplies you need to buy and which you already



This year, Crittenden County School District will be distributing free school supplies to students in every grade level.

have. Going forward, encourage kids to store their supplies in a predetermined area once the school year ends, as this will make next year's inventory that much easier to examine and assess.

- Spend more now to save later. While inexpensive supplies can be hard to resist, such items likely won't withyou to spend time and money each year buying replacement supplies. Paying more now for certain items, including stronger backpacks and more highly rated calculators, may end up saving you money in the long run, even if the initial pill is somewhat tough to swallow.

- Use technology to your

and businesses that sell school supplies, such as pharmacies and office stores, may or may not discount too many items once back to school season hits full swing. But savvy parents can still find deals by using technology to their advantage when shopping for school supplies. Download apps like Retail-MeNot to your smartphone and enable its updates so your phone essentially notifies you of any discounts the moment you walk into a given store. If you don't receive any updates, search for discounts via the app or the Internet as you shop. Chances are strong that there are deals to be had, even if you don't learn of the deals until you arrive at the

School supplies can be expensive, but parents can employ several strategies to save on school supplies now and in the future.

(Editor's note: Metro Services and the National Retail Federation contributed to this

Continued from Page 1

pay for breakfast or lunch. However, no a la carte items may be charged at any school. The maximum charge amount allowed by a student

Parents and/or guardians will be notified that their child has charged a meal and payment is expected the next school day. Any charges that have rolled over from the previous school year will be expected to be paid as soon as possible. More information on the meal charge policy can be obtained on the school district's website.

Prepayment for school meals is an option for parents using mySchool Bucks.com, an online system that allows parents or guardians to make deposits into their children's account to prepay for cafeteria purchases. Parents can set up an account for each child in their household according to the

school they attend in the district. The amount of money deposited can be determined by the parent and can include amounts for a whole month or even an entire school year. Transaction fees may apply.

In addition to convenience, mvSchoolBucks can eliminate worries about children carrying money to school. It also allows parents control and efficiency. The online system allows parents to check balances, review transaction history and receive low balance email alerts at no charge. A child's cafeteria purchases can also be viewed. There's even an option for parents to transfer funds from one of their children's account to another if necessary.

For more information or to register for a mySchool Bucks account, visit Crittenden County School District's food service website at Crittenden.KySchools.us/ foodservice or mySchool Bucks.com.



Sturgis Rd., Marion, KY • (270) 965-4717 😂 🍱

